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NEW HIGHLIGHTS
Passing
Official Netflix tie-in edition
Nella Larsen

A classic of the Harlem Renaissance reissued to coincide with the major Netflix adaptation of *Passing* (2021)

Childhood friends Clare and Irene are both light-skinned enough to pass as white, but only one of them has chosen to cross the colour line and live with the secret hanging over her. Clare believes she had successfully cut herself off from any connection to her past. Married to a racist white man who is oblivious to her African-American heritage, it is vital to her that the truth remains hidden. Irene is living as a middle-class Black woman with her husband and children in Harlem, taking on an important role in her community and embracing her origins.

Both women are forced to re-examine their relationships with each other, with their husbands and with the truth, confronting their most closely guarded fears. Nella Larsen’s powerful, tragic and acutely observant writing established her as a lodestar of America’s Harlem Renaissance. Almost a century later, *Passing* and its nuanced exploration of the many fraught ways in which we seek to survive remains as timely as ever.

Nella Larsen was born in Chicago in 1891 to a Danish mother and a West Indian father. She began writing during the Harlem Renaissance, a period in which Black artists, writers and musicians finally began to attain prominence in the New York artistic scene. The success of her novels *Quicksand* and *Passing* made Nella Larsen one of the most fêted woman writers of her generation. She died in 1964 in obscurity.
A Cellarful of Noise
The man who made the Beatles
Brian Epstein

The iconic life story of Brian Epstein, the ‘Fifth Beatle’, in his own words – and inevitably the story of the making of the Beatles

Everybody knows the Beatles: John, Paul, George, Ringo ... and Brian.

The Fab Four’s meteoric rise is one of the most famous rags-to-riches stories ever told. And behind it all was Brian Epstein, the ‘fifth Beatle’ and legendary manager, who transformed the group from a small-time club band into global superstars.

What was his secret? How did one man lead these scruffy Liverpool lads to change the world of popular music forever? A Cellarful of Noise is Brian Epstein’s original 1964 memoir of a life spent making music history. Featuring a new introduction by Craig Brown (author of One Two Three Four), it includes thirty contemporary photographs which offer a glimpse of Brian and the Beatles on their way to phenomenal success.

Eye-opening, moving and constantly entertaining, this is essential reading for every Beatles fan.

Brian Epstein was a British music entrepreneur who managed the Beatles from 1962 until his tragic death at the age of thirty-two. He was referred to as the ‘Fifth Beatle’, and was the driving force behind the band’s great success and rise to global fame.

November 2021
Music
B format paperback
160pp £9.99
ISBN 978 1 80081 118 8
eISBN 978 0 28564 025 2
World
Blood on the River
A Chronicle of Mutiny and Freedom on the Wild Coast
Marjoleine Kars

A breathtakingly original history of the revolution that almost changed the face of the Americas

Winner of the 2021 Cundill History Prize

‘A richly detailed account of a gripping human story’
Washington Post

‘[An] epic history ... A sweeping, thoughtful narrative’ LA Times

On February 27 1763, thousands of slaves in the Dutch colony of Berbice (in present-day Guyana) launched a rebellion. They fought for an entire year ... and almost succeeded. Drawing from over nine hundred interrogation transcripts and other documents from the Dutch archives, historian Marjoleine Kars reconstructs a rich account of this pivotal event. An astonishing original work of history, Blood on the River provides a rare in-depth look at the political vision of enslaved people at the dawn of the Age of Revolution. It is an extraordinary contribution to our understanding of enslavement, resistance, and of the story of freedom in the New World.

Marjoleine Kars is a professor of history at the University of Maryland, Baltimore County. A noted historian of slavery, she is the author of Blood on the River: A Chronicle of Mutiny and Freedom on the Wild Coast and Breaking Loose Together. She lives in Washington, D.C.

April 2022
History
Royal hardback
368pp £20
ISBN 978 1 80081 227 7
eISBN 978 1 80081 229 1
WxUSAC
The Essex Serpent

The #1 bestseller and now an upcoming Apple Original series

Sarah Perry

A thrilling and unforgettable historical novel of love and intrigue. Now an upcoming Apple Original series starring Claire Danes and Tom Hiddleston

When newly widowed Cora Seaborne arrives in the coastal parish of Aldwinter, she hears rumour that the mythical Essex Serpent, once said to roam the marshes, has returned. Cora, a keen amateur naturalist with no patience for superstition, is enthralled, convinced the magical beast may be an as-yet undiscovered species. As she sets out on its trail, she meets William Ransome, Aldwinter’s vicar, who is also deeply suspicious of the rumours, but thinks they are a distraction from true faith.

Will and Cora strike up an intense relationship, and although they agree on absolutely nothing, they find themselves at once drawn together and torn apart, eventually changing each other’s lives completely. Told with exquisite elegance and grace, this extraordinary modern classic is a celebration of love, and the many different guises it can take.

April 2022

Fiction

B format paperback

448pp £8.99

ISBN 978 1 78816 962 2
eISBN 978 1 78283 204 1

Audio 978 1 78283 985 9

UK & Commonwealth

Sarah Perry is the author of The Essex Serpent, Melmoth and After Me Comes the Flood. She has been the UNESCO City of Literature writer-in-residence in Prague and a Gladstone’s Library writer-in-residence. Her work has been translated into twenty-two languages.
4 March. HMQ pictured in the paper at an investiture wearing gloves, presumably as a precaution against Coronavirus. But not just gloves; these are almost gauntlets. I hope they’re not the thin end of a precautionary wedge lest Her Majesty end up swathed in protective get-up such as is worn at the average crime scene.

20 March. With Rupert now working from home my life is much easier, as I get regular cups of tea and a lovely hot lunch.

A year in and out of lockdown as experienced by Alan Bennett.

Alan Bennett’s diary takes us from the filming of Talking Heads and memories of doomed childhood fishing expeditions, to thoughts on Boris Johnson, stair lifts, junk shops of old, having a haircut and encounters on the local park bench.

Alan Bennett has been a leading dramatist since Beyond the Fringe in the 1960s. His works include Talking Heads, The Lady in the Van, the Oscar-nominated The Madness of George III, The History Boys, the PEN/Ackerley Prize-winning Untold Stories and, more recently, Keeping On Keeping On.
The War for Gloria

Atticus Lish

An indelible work from a strikingly original voice in American fiction

Corey Goltz grows up in working-class Boston as the only child of Gloria, whose intellectual ambitions were derailed early. Corey, restless, dreams of a great adventure.

Instead, when he is fifteen, Gloria is diagnosed with ALS and, too late, his estranged father, Leonard - a man of great charisma and deep resentments - re-enters the picture. Determined to be his mother’s hero at any cost, Corey begins shouldering responsibility for her expensive medical care, pushing himself to his physical and emotional limits as her disease progresses. And as Leonard’s influence over Corey grows, Corey must dismantle the myth of his father’s genius and confront the evil that lurks beneath it.

This is a heartbreaking, shocking and beautiful novel. It confirms Lish as one of the greatest storytellers and prose stylists in the English language.

Atticus Lish is the author of Preparation for the Next Life, which won the 2015 Pen/Faulkner Award for Fiction and the 2016 Grand Prix de Littérature Américaine.
An Exciting and Vivid Inner Life

Paul Dalla Rosa

A poised short-story collection that perfectly captures life in the internet age

Whether working in food service or in high-end retail, lit by a laptop in a sex chat or by the camera of an acclaimed film director, or sharing a flat in the city or a holiday rental in Mallorca, the protagonists of the nine stories comprising Paul Dalla Rosa’s debut collection navigate the spaces between aspiration and delusion, ambition and aimlessness, the curated profile and the unreliable body.

By turns unsparing and tender, Dalla Rosa explores our lives in late-stage capitalism, where globalisation and its false promises of connectivity leave us further alienated and disenfranchised. Like the legendary Lucia Berlin and his contemporary Ottessa Moshfegh, Dalla Rosa is a masterful observer – and hilarious eviscerator – of our ugly, beautiful attempts at finding meaning in an ugly, beautiful world.

Paul Dalla Rosa is a writer based in Melbourne. His short stories have appeared in Granta, McSweeney’s, Meanjin, Electric Literature and New York Tyrant. In 2019, his story ‘Comme’ was shortlisted for the Sunday Times Short Story Award.
PROFILE BOOKS
Brainwashed
A New History of Thought Control
Daniel Pick

Are you in control? A brilliant and mind-bending exploration of brainwashing and mind control

In 1953, at the end of the Korean War, twenty-two British and American prisoners of war were released – and chose to stay in China. The decision sparked panic in the West: Why didn’t they want to come home? What was going on?

Soon, people were saying that the POWs had been ‘brainwashed’, a new word for an old idea: that it is possible to control or change someone’s mind from the outside without their permission. In an era of Cold War paranoia, the idea flourished – appearing everywhere from Bond films to CIA experiments. Today we still talk of being ‘brainwashed’ by advertising and television. But what is the truth?

Daniel Pick delves into the mystery of mind control in the twentieth and twenty-first centuries, from *The Manchurian Candidate* to ISIS. Mixing his own case studies with historical and psychological insights, *Brainwashed* is a stimulating journey into this bizarre and fascinating world.

Daniel Pick is a psychoanalyst, historian, university teacher, writer and occasional broadcaster. He is Professor of History at Birkbeck College, University of London, a fellow of the British Psychoanalytical Society and author of several books on modern cultural history, psychoanalysis and the history of the human sciences.
Am I Normal?
The 200-Year Search for Normal People (and Why They Don’t Exist)

Sarah Chaney

A deep dive into the strange science of the ‘Normal’, and the origins of an anxiety-ridden modern obsession

Before the nineteenth century, the term normal was rarely ever associated with human behaviour. Normal was a term used in maths, for right angles. People weren’t normal; triangles were.

But from the 1830s, this strange branch of science really took off across Europe and North America, with a proliferation of IQ tests, sex studies, a census of hallucinations – even a UK beauty map (which concluded the women in Aberdeen were ‘the most repellent’).

This book tells the surprising history of how the very notion of the normal came about, how it shaped us all, often while entrenching oppressive, colonialist values. Sarah Chaney looks at why we’re still asking the internet: Do I have a normal body? Is my sex life normal? Are my kids normal? And along the way, she challenges why we ever thought it might be a desirable thing to be.

Sarah Chaney is a Research Associate at Queen Mary Centre for the History of the Emotions. She spent several awkward teen years furiously rebelling against the mainstream, whilst secretly longing to be normal. So, a normal teenager then. Alongside her research work, she runs the public exhibitions and events programme at the Royal College of Nursing and writes occasionally for the Conversation and the Lancet.
There are moments in any business when massive change occurs, when all the rules shift fast and forever. They can make or break companies and individuals, and they can happen at any moment.

Andrew Grove calls such moments strategic inflection points, and he lived through several as CEO of Intel, where he transformed the company into the world’s largest computer-chip maker, and the seventh most profitable company in the Fortune 500. Drawing on decades of personal experience and insight, as well as examining timeless examples from other companies, Grove reveals how to identify and exploit the key moments of change that generate either drastic failure or incredible success.

Only the Paranoid Survive is a classic lesson in leadership that anyone in any industry will benefit from. Because we must all assume that something will change – and soon.

Andrew S. Grove was the CEO of Intel, and the company’s third employee. An early titan of Silicon Valley, he helped shape the world of computing as we know it. Admired by Steve Jobs and Bill Gates, his books, including the classic High Output Management, continue to influence leaders like Mark Zuckerberg and Ben Horowitz today.
Cyclist Beryl Burton dominated her sport to a degree reminiscent of male contemporary Eddy Merckx but with a longevity that surpasses even sporting legends like Sergey Bubka, Muhammad Ali and Sir Steve Redgrave. She was practically invincible in long time trials, finishing as Best All Rounder for twenty-five consecutive years (and setting a record in 1967 for the distance covered in twelve hours that beat even the men’s record).

She won multiple world titles despite the events being on her less-favoured distances. Her achievements were limited by discrimination by the UK cycling authorities, and latterly systematic doping by Eastern Bloc rivals. Yet she carried on winning, beating men and – infamously – her own daughter, while working on a farm and running a household. Her motivation, sparked by appalling childhood illness, is as fascinating as her achievements are stunning.

Jeremy Wilson is the Chief Sports Reporter for the Daily Telegraph and the Sunday Telegraph. He was voted investigative sports journalist of the year in February 2018 by the Sports Journalists’ Association of Great Britain and has been highly commended on five further occasions.
The House Divided
Sunni, Shia and the Conflict in the Middle East
Barnaby Rogerson

A fresh look at the past, present and future of a conflict that lies at the heart of the Middle East

Rogerson’s timely book begins with the contemporary Middle East and the proxy wars between Saudi Arabia and its Sunni allies and Shiite Iran. To understand these, he suggests, we must understand the origins of the Sunni-Shia divide, which go back to the death of the Prophet Muhammad in 632, the accidental coup that set aside the claims of his son Ali, and the slaughter of Ali’s own son Husayn at Kerbala. These events, known to every Muslim, have created a slender fault line in the Middle East.

This is a vivid tale full of doomed heroes and secret conspiracies as Rogerson shows how the rivalry between Arab, Turk and Persian has shaped the modern chessboard of nation states, oil wells, mountains and minorities, and at the seismic shift from the Iranian Revolution of 1979. It is vital, Rogerson contends, to both understand and empathise with the Islamic world’s struggles with a conflict that matters not only in the Middle East, but to the world at large.

Barnaby Rogerson has been travelling the Islamic world for the last forty years, first as a young man writing guidebooks, then as a journalist, and finally as a writer of histories. He is publisher of the acclaimed travel list Eland Books. His books include The Prophet Muhammad: A Biography, The Heirs of the Prophet Muhammad and The Last Crusaders.
Building a Second Brain
A Proven Method to Organize Your Digital Life and Unlock Your Creative Potential
Tiago Forte

Find order, creativity and productivity with this revolutionary system

For the first time in history, we have instantaneous access to the world’s knowledge. There has never been a better time to learn, to create and to improve ourselves. Yet, rather than being empowered by this information, we’re often overwhelmed, paralysed by believing we’ll never know or remember enough.

This eye-opening and accessible guide shows how you can easily create your own personal system for knowledge management, otherwise known as a Second Brain. A trusted and organised digital repository of your most valued ideas, notes and creative work, a Second Brain gives you the confidence to tackle your most important projects and ambitious goals. From identifying good ideas, to organising your thoughts, to retrieving everything swiftly and easily, it puts you back in control of your life and information.

Discover the full potential of your ideas and make powerful, more meaningful improvements in your work and life by Building a Second Brain.

Tiago Forte is one of the world’s foremost productivity experts and has taught thousands of people how timeless principles and the latest technology can revolutionise their lives. He has worked with organisations such as Toyota Motor Corporation and the Inter-American Development Bank, and been featured in a variety of publications, including The New York Times, the Atlantic and Harvard Business Review.
Lightweight, compact, and now, electric: the cityscape has been forever changed by the addition of the Brompton bike, with its distinctive style and clever folding design.

For over forty years, the Brompton’s modular design has remained virtually unchanged. It has stood not only the test of time but every financial crash since 1976, Brexit and Covid, not to mention every other risk which any business faces. Where, then, did this ingenious feat of engineering come from? Who were the minds behind it? And how did a small company grow to become one of the biggest cycling brand names in the world?

This is not only the first look behind the scenes at Brompton Bicycle Ltd, but a masterclass in entrepreneurship, manufacturing, and scaling a business.
We Could Have Been Friends, My Father and I
A Palestinian Memoir
Raja Shehadeh

A subtle psychological portrait of the author’s relationship with his father

Aziz Shehadeh was many things: lawyer, activist and political detainee, he was also the father of bestselling author and activist Raja. In this new and searingly personal memoir, Raja Shehadeh unpicks the snags and complexities of their relationship.

A vocal and fearless opponent, Aziz resists the British during the mandatory period, then under Jordan, and, finally, under Israel. As a young man, Raja fails to recognise his father’s courage and, in turn, his father does not appreciate Raja’s own efforts in campaigning for Palestinian rights. When Aziz is murdered in 1985, it changes Raja irrevocably.

This is not only the story of the battle against the various oppressors of the Palestinians, but a moving portrait of a particular father-and-son relationship.

Raja Shehadeh is Palestine’s leading writer. He is also a lawyer and the founder of the pioneering Palestinian human rights organisation Al-Haq. Shehadeh is the author of several acclaimed books published by Profile, including the Orwell Prize-winning Palestinian Walks. He lives in Ramallah.
Russia
Myths and Realities
Rodric Braithwaite

A short and pithy introduction to the history of Russia as we know it today

Russia: the largest country in the world, this nation of shifting borders has been known as Rus, Muscovy, Russia, the Russian Empire, the Soviet Union, the Union of Soviet Socialist Republics and the Russian Republic.

Call it what you like, the story of Russia is not simple. Constantly rewritten from one generation to the next, episodes of national disgrace are omitted in favour of patriotic anecdotes, sometimes more rooted in myth than reality. Throughout it all, this is a history exceptional for its violence, tragedy and sometime glory.

Expert and former ambassador Rodric Braithwaite unpicks fact from fiction to discover what lies at the root of the Russian story.

Rodric Braithwaite was British Ambassador to Moscow during the crucial years of 1988-92. Subsequently he was foreign policy advisor to John Major. His books include the highly praised and bestselling Afgantsy, Moscow 1941 and Armageddon and Paranoia.
A History of Twinings

Stephen Twining

A lively social history of tea told through the story of the Twinings tea company

Founded at Tom’s Coffee House in the early eighteenth century, this family business came to dominate the London tea trade. *A History of Twinings* tells how the family kept their brand name pure by refusing to buy tea smuggled into Britain (unlike their rivals); how they became key in the adoption of Indian (rather than Chinese) tea; and explains the origins of the different blends they have introduced.

Included are fascinating details from the company archive that illustrate the drinking habits of many famous figures. In 1828 Dorothy Wordsworth ordered from Twinings 6lb of good West India coffee (ready roasted), 75lb of souchong and 30lb of congou for herself and her brother William, all to be shipped by canal to their house near Kendal.

From the invention of packet tea onwards Twinings has branded itself beautifully and as well as contemporary archive images, the book features many examples of the company’s changing packaging and advertising design.

Author Stephen Twining is part of the tenth generation of the illustrious family. At age eight he was asked to conduct a tea tasting for his classmates and realised he could teach the world about this wonderful gift of nature. Stephen started working at the company in 1985 and moved up through the ranks to become Director of Corporate Relations, working as a ‘tea ambassador’. He now travels the globe telling the story of tea in general and Twinings in particular.
The natural world is under siege. Its inhabitants are living truncated lives; starving, constricted, diseased and neurotic, they cannot be the sorts of creatures they are meant to be. We are used – indeed over-used – to learning about this siege from the perspective of concerned humans. Photos of seals drowned in nets and oiled gulls no longer fire our imagination, and so they excite neither empathy nor resolve. The only way to reignite these imaginations is by way of story.

This is a book of stories, told through the eyes of eight animals – one of whom is human – set in modern Britain under the greatest siege of our time: human nature itself.

Charles Foster is the author of Being a Human and The New York Times bestseller Being a Beast, which was longlisted for the Baillie Gifford Prize and the Wainwright Prize, won the 30 million d’amis Prize in France, and is the subject of a forthcoming feature film. In 2016 he won the IgNobel Prize for Biology.
A Home of One’s Own

Hashi Mohamed

As cities expand and rents rise, what does it really mean to have a home?

A home is important because it offers sanctuary and privacy. It can help improve mental health and emotional resilience, and it can help break people out of cycles of poverty. Yet in the past thirty years we’ve seen home ownership dwindle as council housing stocks deplete and more of us are caught in insecure tenancies. And it’s not just London – there isn’t a single major city in the world today not suffering from an affordable housing crisis. Why does this matter – and what can be done?

Drawing on his own history of housing insecurity and his professional career as a planning barrister, Hashi Mohamed examines the myriad aspects of housing – from Right-to-Buy to Grenfell, slums and evictions to the Bank of Mum and Dad. A Home of One’s Own is a deeply personal study of the crisis confronting global metropoles – and an exploration of the ways we can remove barriers, improve equality and create cities where more people have a place to call their own.

Hashi Mohamed arrived in Britain as a child refugee, and is now a barrister at No5 Chambers in London. A contributor to the Guardian, The Times and Prospect, he has also explored class and mobility for the BBC. His first book, People Like Us, looked at social mobility and inequality and was also published by Profile. This is his second book.
A new gene editing technology, invented just seven years ago, has turned humanity into gods. Enabling us to manipulate the genes in virtually any organism with exquisite precision, CRISPR has given scientists a degree of control that was undreamt of even in science fiction.

But CRISPR is just the latest, giant leap in a long journey to master genetics. Genetic Dreams shows the astonishing, world-changing potential of the new genetics and the possible threats it poses, sifting between the fantasy and the reality when it comes to both benefits and dangers. By placing each phase of discovery, anticipation and fear in the context of over fifty years of attempts to master the natural world, Matthew Cobb, the Baillie Gifford-shortlisted author of The Idea of the Brain, weaves the stories of science, history and culture to shed new light on our future. With the powers now at our disposal, it is a future that is almost impossible to imagine – but it is one we will create ourselves.

Matthew Cobb is Professor of Zoology at the University of Manchester. His previous books include The Idea of the Brain: A History, which was shortlisted for the Baillie Gifford prize, Life’s Greatest Secret: The Race to Crack the Genetic Code, which was shortlisted for the Royal Society Winton Book Prize, and the acclaimed histories The Resistance and Eleven Days in August.
Discipline is Destiny
The Power of Self-Control

Ryan Holiday

Following the bestselling Courage Is Calling, this is the second book in a new series. This time: self-control

The inscription on the Oracle of Delphi says: ‘Nothing in excess.’ C. S. Lewis described temperance as going to the ‘right length but no further’. Easy to say, hard to practise – and if it was tough in 300 BC, or in the 1940s, it feels all but impossible today. Yet it’s the most empowering and important virtue any of us can learn.

Without self-discipline, all our plans fall apart. Here, Ryan Holiday shows how to cultivate willpower, moderation and self-control in our lives. From Aristotle and Marcus Aurelius, to Toni Morrison and Queen Elizabeth II, he illuminates the great exemplars of its practice and what we can learn from them. Moderation is not about abstinence: it is about self-respect, focus and balance. Without it, even the most positive traits become vices. But with it, happiness and success are assured: the key is not more but finding the right amount.

Ryan Holiday is one of the world’s bestselling living philosophers. His books include The Obstacle Is the Way, The Daily Stoic and Stillness Is the Key. Together, they’ve been translated into over forty languages, sold over four million copies worldwide and spent over 300 weeks on the bestseller lists.
What They Still Don’t Teach You At Harvard Business School
Mark H. McCormack

More timeless wisdom from the million-copy bestselling author

Between the theories of business school and the real world of business, there is still a gap – one that can be filled only by experience, helped by the knowledge of someone who has already done it.

Over a lifetime as one of the world’s most influential business leaders, Mark McCormack gathered more insights than could ever fit in one book: here he has distilled the strategies, techniques and wisdom that everyone needs to get organised, get ahead and gain and keep the competitive edge.

Building on the previous book, this straight-talking, practical guide offers essential tools and skills - from negotiating to managing, advancing your career to building a new idea - that will help you be a leader at any level.

Mark H. McCormack was known as ‘the most powerful man in sports’ after founding IMG, the world’s first sports management company. Beginning with the golfer Arnold Palmer, IMG is now a global leader in sports, fashion and media representation, operating in over thirty countries worldwide. The Times called McCormack one of the thousand people who most influenced the twentieth century.
The Good Drinker
How I Learned to Love Drinking Less
Adrian Chiles

The popular broadcaster and columnist sets out to discover the unsung pleasures of drinking in moderation

The recommended alcohol limit is 14 units a week. Adrian Chiles used to put away almost 100. Ever since he was a teenager, drinking was his idea of a good time – and not just his, but seemingly the whole nation’s. Still, it wasn’t very good for him: the doctor made that clear. If you lined them up, Adrian must have knocked back three miles of drinks. How many of them had he genuinely wanted? A mile?

There’s an awful lot of advice out there on how to quit booze completely. If you just want to drink a bit less, the pickings are slim. Yet while the alcohol industry depends on a minority of problem drinkers, the majority really do enjoy in moderation. What’s their secret? Join the inimitable Chiles as he sets out around Britain and plumbs his only slightly fuzzy memories of a lifetime in pubs in a quest to find the good drinker within.

Adrian Chiles hosts Chiles on Friday on BBC Radio 5 Live. He co-presented both The One Show and Daybreak, and was for five years the chief presenter for ITV Sport’s football coverage. He writes a regular column in both the Guardian and the Sun, which not many people can claim. His previous book, We Don’t Know What We’re Doing, was about obsessive West Bromwich Albion fans.
Exposed
The Greek and Roman Body
Caroline Vout

The Greek and Roman body in all its (surprisingly human) glory

The Greek and Roman body is often seen as flawless – cast from life in buff bronze and white marble, to sit upon a pedestal. But this, of course, is a lie.

Here, classicist Caroline Vout reaches beyond texts and galleries to expose Greek and Roman bodies for what they truly were: anxious, ailing, imperfect, diverse, and responsible for a legacy as lasting as their statues. Taking us on a gruesome, thrilling journey, she taps into the questions that those in the Greek and Roman worlds asked about their bodies – where do we come from? What makes us different from gods and animals? What happens to our bodies, and the forces that govern them, when we die? Vout also reveals the surprising actions people often took to transform their bodies – from sophisticated surgery to early gym memberships. A radical new approach to ancient history, here is the classical body in all its flesh-and-blood glory.

Caroline Vout teaches and researches at the Universities of Cambridge and Leiden. She is also Director of Cambridge’s Museum of Classical Archaeology and has curated exhibitions at the Henry Moore Institute in Leeds, and at the Fitzwilliam Museum. Carrie has appeared on Woman’s Hour and In Our Time, and contributed pieces to magazines such as Apollo, Minerva, History Today, and to the TLS and the Observer. She has given public lectures across the world.
The Book of Phobias and Manias
A History of the World in 99 Obsessions
Kate Summerscale

A thrilling compendium of our deepest fears and obsessions by the bestselling author of The Suspicions of Mr Whicher

Ever been struck dumb when public speaking? You might be suffering from glossophobia. Do your book-buying habits verge on bibliomania? Or do you twitch with nomophobia whenever you misplace your mobile phone?

Our fears and compulsions often feel like part of our deepest selves – yet they’re bound up in the currents of the world around us. This thrilling compendium of ninety-nine phobias and manias, rare and familiar, delves into the obsessions that have shaped us all. Award-winning author Kate Summerscale takes us from the Middle Ages to the present day, using rich and riveting case studies to trace the links between the personal and the political.

Kate Summerscale is the author of the bestselling The Suspicions of Mr Whicher. Her first book, The Queen of Whale Cay, won a Somerset Maugham Award, and her latest book, The Haunting of Alma Fielding, was longlisted for the Baillie Gifford Prize for Non-Fiction. She lives in North London.
A Brief History of Pasta

Luca Cesari TRANSLATED BY Johanna Bishop

*A moreish history of everyone’s favourite dish*

What is Italy without pasta? Come to think of it, where would the rest of us be without this staple of global cuisine?

The wheat-based dough first appeared in the Mediterranean in medieval times. Yet despite these ancient beginnings, pasta as we know it didn’t appear until the mid-nineteenth century. Once the food of peasants, it has been served everywhere from rural taverns to royal tables – and its surprising past holds a mirror up to the changing fortunes of its makers.

Full of mouthwatering recipes and outlandish anecdotes – from (literal) off-the-wall 1880s cooking techniques to spaghetti conveyor belts in 1940 and the international amatriciana scandal of 2021 – Luca Cesari embarks on a tantalising journey through time to detangle this culinary classic.

Luca Cesari is a food historian based in Italy. He writes for various magazines, including *Gambero Rosso*, and edits the column ‘Indovina chi sviene a cena’ in *Sole 24 Ore*.

Johanna Bishop grew up in Pennsylvania. After earning her BA from Sarah Lawrence College in New York, she moved to Italy and began translating professionally in 2004.
A quiz, and an eye-opening journey through British railway history

When was smoking banned on trains?
Which actor restored kippers to the menu of the Brighton Belle?
What regular lineside event did Dickens describe as ‘a shave in the air’?

Perfect for a trivia night or a long trip, Train Teasers will both test your knowledge of this country’s rail system and enlighten you on the most colourful aspects of its long history. Meet trunk murderers, trainspotters, haters of railways, railway writers, Ministers for Transport, good and bad, railway cats, dogs and a railway penguin. This is NOT a book for number-crunching nerds. Many of the answers are guessable by the intelligent reader. It is a quiz, yes, but also a cavalcade of historical incident and colour relating to a system that was the making of modern Britain.

Andrew Martin is a prolific author of fiction and non-fiction books, often with a railway theme. His previous titles for Profile include Steam Trains Today, Underground, Overground, Belles and Whistles and Night Trains. He is also the author of the Jim Stringer series of railway novels.
Astonish Me!
First Nights That Changed the World
Dominic Dromgoole

A book about sensation in the arts by the Globe
Theatre’s long-term artistic director

Astonish Me! is an adrenalin-charged rollercoaster ride through history’s seismic first nights, exploring how individual artists can change and shape the story of culture – and allow us to see ourselves in new ways. It tells of times when ‘the air between people seems to alter’ as art achieves profound change, across the globe and across history.

Dominic Dromgoole has created a radical and fresh study. He begins in New York in 1963, as Lorraine Hansberry remakes American theatre and a nation’s perception of race. And then, as the lights go up, we find ourselves in Renaissance Florence, watching Michelangelo’s David being hauled into the Piazza della Signoria. The dust settles and we are transported to the birth of theatre in fifth-century Athens – and then to Paris to meet with Diaghilev and Stravinsky for The Rite of Spring. We witness kabuki’s creation, as a radical women’s performance, in Kyoto; the Sex Pistols shattering Thatcherite Britain at Manchester’s Free Trade Hall; and watch on as Hitchcock directs Psycho.

Dominic Dromgoole is the author of Hamlet: Globe to Globe, Will and Me: How Shakespeare Took Over My Life and Full Room (on contemporary playwriting). Artistic director of the Globe Theatre for more than a decade, he now divides his time between directing – in Britain, the US and Europe, and with the Classic Spring company – and producing movies with Open Palm Films.
An Admirable Point
A Brief History of !

Florence Hazrat

An enthusiastic history of the exclamation mark!

Few punctuation marks elicit quite as much love or hate as the exclamation mark. It’s bubbly and exuberant, an emotional amplifier whose flamboyantly dramatic gesture lets the reader know: here be feelings! Scott Fitzgerald famously stated exclamation marks are like laughing at your own joke; Terry Pratchett had a Discworld character say that multiple !!! are a ‘sure sign of a diseased mind’. So what’s the deal with !?

An Admirable Point: A Brief History of ! recuperates the exclamation mark from its much-maligned and misunderstood place at the bottom of the punctuation hierarchy. It explores how ! came about in the first place some six hundred years ago, and uncovers the many ways in which ! has left its mark on art, literature, (pop) culture, and just about any sphere of human activity – from Beowulf to spam emails, ee cummings to neuroscience.

Whether you think it’s over-used, or enthusiastically sprinkle your writing with it, ! is inescapable.

Florence Hazrat is a Leverhulme Early Career Fellow at the University of Sheffield, studying the bracket in early modern literature. She received her PhD from the University of St Andrews, where she researched refrains in the sixteenth century. She is a BBC/AHRC New Generation Thinker, a folk fiddler, and the host of a podcast about dots and dashes.
Remainders of the Day
More Diaries from The Bookshop, Wigtown
Shaun Bythell

Bookseller and bestselling author Shaun Bythell is back, and he has some thoughts about that Kindle you bought over lockdown

A little over twenty years ago, Shaun Bythell became the proud owner of The Bookshop in Wigtown, Scotland. The setting is beautiful, the shop a bookworm’s idyll – with books arranged in nearly a mile of shelving, and a real log fire to warm aching bones. It’s a real pity about the customers.

Don’t get him wrong – there are some good ones among the antiquarian porn-hunters, die-hard Arthurians, people who are convinced that his shop should be a library and the toddlers just looking for a nice cosy corner in which to wee. He’s sure there are. There must be some good ones, right?

Filled with the pernickety warmth and humour that has touched readers around the world, stuffed with literary treasures, hidden gems and incunabula, Remainders of the Day is Shaun Bythell’s latest entry in his bestselling diary series.

Shaun Bythell bought The Bookshop in Wigtown on 1 November 2001, and has been running it ever since with an increasing passion for the business, matched only by a sense of despair for its future. His internationally bestselling books The Diary of a Bookseller and Confessions of a Bookseller have been translated into over twenty languages. His latest book, Seven Kinds of People You Find in Bookshops, is also published by Profile and is probably about you.
The Physicks of Dirt
Matter for the Modern Wizard
Felix Flicker

An esoteric take on serious physics for intellectuals and sci-fi enthusiasts alike

Condensed matter physics: it’s what happens when atoms cluster together to make something of a size we can understand – something like a car, say, rather than a galaxy. It’s what makes things hover in mid-air (magnetic levitation) or crystals glow (thermoluminescence).

It’s also what we mean by magick.

Join Felix Flicker on an empirical adventure in condensed matter physics, the scientific mechanism behind the mysteries of alchemy, transmogrification, and much more. This is the one-stop guide on how to harness the enigmatic workings of the natural world to become a thoroughly modern wizard.

From the laws of thermodynamics to the seven bridges of Konigsberg, The Physicks of Dirt is a journey of discovery that will upend everything you think you know about witchcraft, wizardry and condensed matter physics.

Felix Flicker lectures at the School of Physics and Astronomy at Cardiff University. Formerly the Astor Junior Research Fellow of Physics at New College, Oxford, and a Lindemann Trust Fellow at U.C. Berkeley, he holds a masters in theoretical physics from the Perimeter Institute and a PhD in theoretical condensed matter physics from the University of Bristol. He is also the former British Champion of Shuai Jiao (Chinese Wrestling).
It’s only the afternoon, but dusk is already falling and a log fire burning in the grate. Outside, frost coats the tree branches and snow sparkles on the ground. And somewhere in the darkness, a murderer is making plans ...

Here are ten classic crime stories for the winter months, from the greatest minds of the mystery genre. So bundle up, grab a glass of mulled wine, and get ready to be puzzled, astonished and entertained by these festive stories of murder and mayhem.

Cecily Gayford studied English at the University of Oxford, where she wrote her thesis on the ‘Golden Age’ detective stories of the 1930s and 1940s. Now a Publishing Director, she has worked at Profile Books for ten years.
SERPENT’S TAIL
Chorus

Rebecca Kauffman

‘You don’t have to go back. You will stay here at home, with me. This is where you belong’

One afternoon, in a little farmhouse in rural Virginia, the ailing Marie Shaw dies in ambiguous circumstances and nothing is ever the same again for the seven young children she left behind. Spanning from the Great Depression to the burgeoning of US counterculture in 1959, Chorus sensitively traces the divergent paths taken by the grieving Shaw siblings as they grow together and apart over the decades. Henry, Jack, Maeve, Lane, Sam, Wendy and Bette get married and divorced, go to war and give birth to children of their own, break down and pick themselves up again.

Chorus is a hopeful story of family, of loss and recovery, of complicated relationships forged between brothers and sisters as they move through life together, and of the unlikely forces that first drive them away and then ultimately back home.

Rebecca Kauffman is originally from rural Ohio. She studied Classical Violin Performance at the Manhattan School of Music before receiving an MFA in Creative Writing from NYU. Her previous novels are Another Place You’ve Never Been, The Gunners and The House on Fripp Island. She currently lives in Virginia.
Teen Couple Have Fun Outdoors

Aravind Jayan

A family is beset by the scandal of their eldest son and his girlfriend’s unwitting fame on a porn clip

It is a day of triumph for Appa and Amma, who have driven home a shiny new Honda Civic to show off to their neighbours in Blue Hills housing colony. But their eldest son Sreenath is behaving strangely, and his younger brother soon finds out why: a clip of Sreenath and his girlfriend Anita has been posted to a porn site, and is gaining traction.

When the news breaks, their parents’ anxiously acquired status is shattered, and the war between them becomes a viral story, emblematic of a wider generational fight. Our narrator must become a reluctant middleman, seduced by the freedoms his elder brother and his friends point to, while desperate to restore the family unity.

Full of bittersweet comedy, and insight into contemporary Indian society and an online generation, this is a story about now with the feel of a classic.

Aravind Jayan lives in Bangalore in India. His writing has been published in Out of Print, The Bombay Literary Magazine, Helter Skelter’s Anthology IV and The Hindu, among others. He is the 2017 winner of the Toto Award for Fiction, and Teen Couple Have Fun Outdoors is his first novel. He was shortlisted for the Commonwealth Short Story Prize in 2021.
Alison tells the story of a young woman born into a quiet life in Dorset at the end of the 1950s, who escapes in her twenties to the thrumming art scene of London at the end of the 1970s. But the vehicle for her escape is an older man whose reputation as an artist and philanderer casts a shadow that will follow Alison for years.

A complex love and coming-of-age story, it is also a meditation on female friendship and empowerment, on art, patriarchy and class. With her combination of immaculate prose and stunning artwork, Lizzy Stewart immerses the reader in the precise milieu of bohemian London in the late twentieth century, while at the same time conjuring a story that has resonance for all women’s lives.

Lizzy Stewart has written and illustrated three picture books for children alongside ‘Walking Distance’, an illustrated essay, and It’s Not What You Thought It Would Be, a graphic short-story collection. Her debut picture book There’s a Tiger in the Garden won the Waterstones Children’s Book Prize for Picture Books in 2017 as well as a World Illustration Award.
Is This Love?

C.E. Riley

‘This is a book about the untidy, complicated underbelly of love and love’s end. I loved it’ Kit de Waal

J’s wife has left, and J is trying to understand why. How could someone you loved so much, who claimed to love you once, just walk away? How could they send divorce papers accusing you of terrible things, when all you’ve ever done is tried to make them happy?

Narrated by J in the days, weeks and months after the marriage collapses, and interspersed with the departed wife’s diary entries, Is This Love? is an addictive, deeply unsettling and provocative novel of deception and betrayal, and passion turned to pain. As the story unfolds, and each character’s version of events undermines the other, all our assumptions about victimhood, agency, love and control are challenged – for we never know J’s gender. If we did, would it change our minds about who was telling the truth?

C.E. Riley is a writer and director of the literary festival Primadonna, which is described as ‘books, with a little bit of rock’n’roll’ – a festival that showcases established and emerging voices that aren’t heard enough in the mainstream. She lives in London, and has previously published two works of non-fiction.
Eshwood Hall is a great English house surrounded by sprawling woods. In 1960, Izzy is thirteen, lives in the servants’ quarters and doesn’t go to school. Neglected by her parents, she spends her moments of freedom exploring the forest and the village beyond. The more she comes to understand the history of the place and her own situation, the stranger are the things she hears and sees. The most tantalising of these is the Green Man who inhabits the woods, and seems to know all about her, even those desires she has buried deep inside.

A family story rooted in folk tale, *The Green Man of Eshwood Hall* shows us the power that the wild still holds on our imagination, and the shocking nightmares to which it can give rise.

Jacob Kerr was born in the North East of England. After teaching English as a foreign language for many years, he has now returned to the UK and lives in Northumberland. This is his first novel.
Anat Levit never considered herself a cat lover, but when her life was thrown into upheaval, she found herself adopting one cat at the suggestion of her daughters, and then six more in quick succession. She recounts how each cat came into her life, their distinct demeanours and curiosities, and their ability to live fully in each moment.

Anat falls in love with the furry creatures, whose escapades and tribulations lead her into deep friendships, difficult decisions and unexpected insight into her relationships. The cats love her in the way she wishes she could love others: intensely yet independently, without renouncing their unique personalities. By caring for these cats, Anat comes to a deeper understanding of her connections with former lovers, her daughters and her own body. In Seven Cats I Have Loved, she delves into the feline mind with sensitivity, gentleness and compassion, while also revealing a moving human story.
A Sabbatical in Leipzig

Adrian Duncan

‘A book such as W. G. Sebald might have written, had be been an Irish engineer’ Vona Groarke

Michael has been away from Ireland for most of his life and lives alone in Bilbao after the death of Catherine, his girlfriend. Each day he listens to two versions of the same piece of music before walking the same route to visit Richard Serra’s enormous installation, The Matter of Time, in the Guggenheim.

As he walks, his thoughts circle around the five-year period of mental agitation spent in Leipzig with Catherine. This ‘sabbatical’, caused by the stress of his job and the suicide of a former colleague, splits his career as an engineer into two distinct parts.

Intensely realistic, mapped out like Michael’s intricate drawings, this is a novel of precision and beguiling intelligence.

Adrian Duncan is a Berlin-based Irish visual artist and fiction writer who originally trained as a structural engineer. His short fiction has appeared in The Stinging Fly, gorse, The Moth, the Dublin Review and Meridian (US), among other publications. His novels are Love Notes from a German Building Site (2019) and A Sabbatical in Leipzig (2020), and he published a story collection, Midfield Dynamo, in 2021.
VIPER
No Secrets

David Jackson

From the bestselling author of Cry Baby, No Secrets is a page-turning thriller with a brilliant twist

THEY ALL BELIEVE HIM
BUT SHE KNOWS HE’S LYING

Izzy is cursed. Her highly developed empathic abilities allow her to read people’s emotions with terrifying accuracy – and consequences. As a child she sparked her parents’ divorce by revealing her father’s infidelity. As an adult she has cut herself off from everyone except her partner, the only person she knows with nothing to hide.

But now young girls are going missing, and the police have no suspects. And when Izzy sees her old school caretaker interviewed, she knows his story about when he last saw the latest victim isn’t true. So what is Kenneth Plumley hiding? When the police won’t take her seriously, Izzy risks everything to discover the truth herself ...

July
Crime Fiction
Royal hardback
320pp £14.99
ISBN 978 1 80081 019 8
EXP Trade Paperback £12.99
ISBN 978 1 80081 020 4
eISBN 978 1 78283 973 6
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David Jackson is the author of ten crime novels, including the bestseller Cry Baby and the standalones The Resident and The Rule, as well as the acclaimed DS Nathan Cody series. He lives on the Wirral with his wife and two daughters.
The Way It Is Now

Garry Disher

*The new standalone thriller from multiple Ned Kelly Award-winner and Australia’s King of Crime, Garry Disher*

Who shall inherit the sins of the father?

Twenty years ago, Charlie Deravin’s mother went missing, believed murdered. Her body has never been found, and his father has lived under a cloud of suspicion ever since.

Now Charlie has returned to the coastal town where his mother vanished, on disciplinary leave from his job with the police sex-crimes unit, and permanent leave from his marriage. After two decades worrying away at the mystery of his mother’s disappearance, he’s run out of leads.

Then the skeletal remains of two people are found in the excavation of a new building site ... and the past comes crashing in on Charlie.

Garry Disher has published fifty titles across multiple genres. He has won the Deutsche Krimi Preis three times, the Ned Kelly Award three times, and his novel *The Sunken Road* was nominated for the Booker. In 2018 he received the Ned Kelly Lifetime Achievement Award.
Black Lake Manor

Guy Morpuss

Agatha Christie meets The First Fifteen Lives of Harry August in this outstanding cross-genre locked-room murder mystery

The town of Black Lake is home to a small group of people with a unique ability: once in their lives they can rewind the previous six hours of time.

Ella Manning, part-time police constable, is attending a party at Black Lake Manor when a Pacific storm leaves her and several other guests stranded. And when their billionaire host is discovered brutally murdered in a locked room, she must solve the crime. Against the odds, Ella is sure she has identified the killer … but then time is unwound. With no memory of what she discovered before, her investigation begins again, with very different results. Someone is using their gift to protect a killer, and everyone is a suspect ...

Guy Morpuss is a barrister and QC whose cases have featured drug-taking cyclists, dead Formula 1 champions and aspiring cemetery owners. His favourite books involve taking a twist on reality, and playing with the consequences. Guy lives near Farnham with his wife and two sons.
Blue Water

Leonora Nattrass

The sequel to 2021’s critically acclaimed Black Drop, charting the adventures of reluctant spy Laurence Jago at sea

December, 1795. Disgraced Foreign Office clerk and unwilling spy Laurence Jago is aboard the Tankerville, en route to Philadelphia on a secret mission to aid the civil servant tasked with carrying a treaty to Congress that will prevent America from joining France in their war against Britain.

However, when a French frigate threatens the Tankerville, the civil servant hides the treaty, only to meet an unfortunate – and supposedly accidental – end. Trapped on the ship with two penniless French aristocrats, an American planter, an Irish actress and a dancing bear, Laurence must find both the treaty and the murderer. But as one by one his theories are disproved, time, and his luck, is fast running out ...

Leonora Nattrass studied eighteenth-century literature and politics, and spent ten years lecturing in English and publishing works on William Cobbett. She lives in Cornwall, in a seventeenth-century house with seventeenth-century draughts, and spins the fleeces of her Ryeland sheep into yarn. Her first novel, Black Drop, was published in 2021.
Based on the latest research, *Outsmart Your Brain* offers specific strategies for reading, listening and taking tests, covering the practical aspects like optimum note taking, how to read difficult books and good exam technique, coupled with the psychological challenges of dealing with anxiety, fighting procrastination and developing good focus.

Smart, enlightening and immensely practical, this is an ideal book for university students, as well as for older children, and adult learners studying for the bar, medical exams and other professional qualifications. Also useful for teachers of all ages and stages, *Outsmart Your Brain* is a handbook for successful learning, teaching you how to battle your brain’s own mechanisms to study more efficiently, vastly improve your grades and make learning a genuinely fun experience.

Daniel T. Willingham, professor of cognitive science at the University of Virginia, is one of the most brilliant and prominent experts on learning in the world. He is well-known to *New York Times* readers through his opinion columns, which appear every two to three months.
Floor Sample
A Creative Memoir

Julia Cameron

An unflinching memoir by Julia Cameron, the author of The Artist’s Way – with a new introduction by Emma Gannon

In Floor Sample, the author of the international bestseller The Artist’s Way weaves an honest and moving portrayal of her life. From her early career as a writer for Rolling Stone magazine and her marriage to Martin Scorsese, to her tortured experiences with alcohol and Hollywood, Julia Cameron reflects in this engaging memoir on the experiences in her life that have fuelled her own art as well as her ability to help others realise their creative dreams. She also describes the fascinating circumstances that led her to emerge as a central figure in the creative recovery movement – a movement that she inaugurated and defined with the publication of her seminal work, The Artist’s Way.

Julia Cameron is a passionate and wry observer of the world and describes her life as a ‘floor sample’ for all she teaches in her brilliant books on creativity. Floor Sample is an absorbing literary memoir that will surprise, entertain and inspire Julia’s many fans and win her new admirers.

Julia Cameron is credited with starting a movement that brought creativity into the mainstream. Hailed by The New York Times as ‘The Queen of Change’, she considers herself the ‘floor sample’ of her own creative toolkit. She is the bestselling author of over forty books, including The Artist’s Way, which has been translated into forty languages and sold over five million copies to date.
Five Arguments All Couples (Need To) Have
And Why the Washing Up Matters
Joanna Harrison

A practical route map for relationships

We often have the same arguments with our partners over and over again. This is because there are five distinct issues that all couples have to work through if they are going to have a healthy, functioning relationship.

Grounded in her experience as a couples therapist, Joanna Harrison asks us to think about the problems and difficulties we might all be having in our relationships – from how we communicate to what roles we take on, and much more. Using sound advice and relatable case studies, she offers practical ideas and thoughtful ways to think about ourselves and each other. Kind, funny and rooted in real life, this is expert advice for everyone.

September
Family & Relationships
B format hardback
224pp £14.99
ISBN 978 1 78816 726 0
eISBN 978 1 78283 814 2
Audio 978 1 80081 056 3
UK & Commonwealth

Joanna Harrison is an experienced couples therapist, former divorce lawyer, wife and mother, all of which have led her to conclude that relationships are hard work, and that we all need all the help we can get. She is a senior clinician at Tavistock Relationships and also works in private practice. She has developed a particular expertise in supporting people going through a divorce.
The Gospel of Wellness

A glance behind the beaded curtain of the fashionable health industry

Rina Raphael

The surprising roots of the wellness industry and where we go from here

In this in-depth, provocative criticism of the wellness industry, journalist Rina Raphael examines how a modest offering of diets and calisthenics has grown into the current mammoth entity of luxe self-care.

At times both fun and funny, from interviews with leading players in the industry to adventures in more bizarre practices such as desert dancing while drinking your own urine, *The Gospel of Wellness* reveals how its growth is a direct result of gender inequalities and structural sexism within medicine and society, forcing women to look elsewhere for health solutions. In theory a huge force for good, women are now flooded with offerings from more exploitative areas of the industry, peddling snake oil and questionable ideas for a pretty price. Balancing the bad with the good, here is a lively exploration of an industry that has captivated millions of women around the world.

Rina Raphael is a health and wellness features writer for *Fast Company*. She has also contributed to *The New York Times*, *LA Times*, *CBS* and *NBC News*. A seasoned speaker at wellness conferences and festivals, she previously served as a senior producer and lifestyle editor at The TODAY Show for over a decade.
Born to Run 2
The ultimate training guide
Christopher McDougall and Eric Orton

Bestselling author Christopher McDougall and veteran coach Eric Orton show you how to run the Born to Run way

Born to Run 2 teaches every runner, new or experienced, how to change their biomechanics, clean up their diets, heal their injuries, adapt to healthier footwear and prepare for their dream challenge. Fully illustrated with photographs of training techniques, strength exercises and perfect form progression, it includes:

- A ninety-day perfect run reboot programme—equally suited for complete beginners and veteran runners looking to restart and rebuild
- An optimal athlete-in-training eating plan with power-up snack recipes
- Incredible techniques for running with dogs and baby strollers
- Advice on kit, terrain and building supportive communities around yourself

Including tales about diverse runners from all walks of life, Born to Run 2 helps you embrace the barefoot running lifestyle.

October
Running / Fitness
Other Trade Paperback
256pp £16.99
ISBN 978 1 78816 581 5
eISBN 978 1 78283 734 3
Audio 978 18 0081 257 4
UK & Commonwealth

Christopher McDougall is a former war correspondent for the Associated Press and author of the international bestseller Born to Run, which is currently being adapted into a film, Natural Born Heroes and Running with Sherman. He lives in rural Pennsylvania.

Eric Orton is a performance guru, world-renowned running coach and author of The Cool Impossible.
Conversations from a Long Marriage

Jan Etherington

Based on the hit BBC Radio 4 sitcom featuring Joanna Lumley and Roger Allam

Joanna and Roger have been married for over forty years. Children of the sixties, they’re still free spirits, drawn together by their passion for music – and each other.

Conversations from a Long Marriage is exactly that: following conversations that take them from the local café, to their kitchen table, taking in her resentment of new glasses – a symbol of ageing – and fury at being lectured by the dental hygienist. He has a dodgy knee and is on statins, and when they discuss the marriage break-up of their closest friends, Sally and Peter, there’s jealousy and talk of affairs. She suggests there are advantages to single beds and separate holidays, and wants to go clubbing in Ibiza for her imminent ‘big’ birthday.

Witty, big-hearted and a whole lot of fun, Conversations from a Long Marriage will resonate with couples of any age – but especially those who are still dancing in the kitchen, singing in the car and trying to keep the passion alive.

Jan Etherington is a British writer, journalist and producer. For over thirty years she has been writing hit radio and TV comedy series with her husband (of almost forty years) and writing partner, Gavin Petrie. Conversations from a Long Marriage, originally on Radio 4, is her first solo narrative comedy.
A Dog Day

Walter Emanuel ILLUSTRATED BY Cecil Aldin

‘One of my favourite books of all time ... This adorable book is enhanced by wonderful drawings by Cecil Aldin’ Jilly Cooper

First published in 1902, A Dog Day has been continuously in demand ever since. The story of a day in the life of a lovable scamp, told by the dog himself, has captivated generations – and has the rare quality of appealing to young and old alike.

Filled with wit, humour and warmth, Souvenir Press is proud to reissue this timeless classic – complete with the original illustrations ... and more than a little mischief.

Cecil Aldin was born in 1870 and began his working life as a magazine illustrator. He soon became famous for his sporting prints, posters, children’s books and pictures of old inns but he became world-famous for his portrayals of dogs. It was said of him that he ‘captured the very soul of a dog’. His original artworks are now highly prized by collectors and there are regular exhibitions of his work. A Dog Day has been his most enduring work.
Fairy Spells
Seeing and Communicating with the Fairies
Claire Nahmad

Do you believe in fairies? Learn how to speak to them with this book of fairy spells

Claire Nahmad not only believed in fairies but she could communicate with them. Fairies are benign spirits who can guide us to knowledge of our inner selves and restore our unity with the natural world.

Reawaken your childhood self and recapture the sense of awe and wonder that we lose as adults. Only then can you approach the fairy realm and become the friend of fairy folk.

This is a complete guide to how to meet fairies, explaining the most favourable days and times for meeting the fairies, the tests you will experience, the most likely places to search and the best way to win the goodwill of these elemental beings. Once our feelings are attuned, we can again learn the fairy lore of magic and herbal medicine and use these skills to restore the world.

With a wealth of full-colour illustrations of Victorian fairy paintings, this book will show anyone the way back to fairyland.

Claire Nahmad was descended from a long line of herbalists and wise women, and spent her life learning the ancient arts and attuning herself to the life of the spirit. She published eight books on new age themes. She lived in a remote part of South Yorkshire where she studied the local lore and legends. She passed away in 2021.
Colombo, 1989. Maali Almeida, war photographer, gambler and closet queen, has woken up dead in what seems like a celestial visa office. His dismembered body is sinking in the serene Beira Lake and he has no idea who killed him. In a country where scores are settled by death squads, suicide bombers and hired goons, the list of suspects is depressingly long, as the ghouls and ghosts with grudges who cluster round can attest. But even in the afterlife, time is running out for Maali. He has seven moons to contact the man and woman he loves most and lead them to the photos that will rock Sri Lanka.

Ten years after his prize-winning novel Chinaman established him as one of Sri Lanka’s foremost authors, Shehan Karunatilaka is back with a searing satire and state-of-the-nation epic that proves yet again that the best fiction offers the deeper truth.

August
Fiction
Demy hardback
432pp  £16.99
ISBN 978 1 90874 590 3
eISBN 978 1 90874 591 0
UK & Commonwealth ex India

Shehan Karunatilaka is the multi-award winning author of Chinaman: The Legend of Pradeep Mathew. The Seven Moons of Maali Almeida is his second novel. Born in Colombo, he studied in New Zealand and has lived and worked in London, Amsterdam and Singapore.
Inspector Jian and his daughter Weiwei just want to go back to China: but Jian is facing a corruption charge in his absence and risks arrest. Instead he tries to scrape a living on London’s meanest streets as an illegal immigrant, reduced to hustling Mah Jiang for cash. A bleak future looks to be growing bleaker still when a triad gang blackmail him into tracking down an unlikely young robber.

In No Exit Jian and Weiwei scramble between London’s grimmest bedsits and its swankiest penthouses as they penetrate the glittering world of ‘princelings’ – the rich children of the Chinese elite, who treat the city as their playground. Locked in a desperate struggle, with no way out in sight, it will take all their wiles, as well as some lucky gambles, to come out of this latest venture alive.

Simon Lewis is a Welsh novelist and screenwriter. His novel Bad Traffic, which introduces Inspector Jian and his daughter Weiwei, was nominated for the LA Times Book of the Year and the French SNCF prize. No Exit is the sequel. He has lived in China and Japan. He currently lives in Brixton.
CHEERIO
Things I Like

Jeremy Deller

The work and inspiration of the Turner Prize-winning artist

Things I Like is artist Jeremy Deller’s attempt to tie up the key works of his career alongside the art, pop music, film, politics and history that have inspired his work. Much has been written about Deller over the decades but this is the first time he has pulled together all of his cultural touchstones.

The book features work from across Deller’s life and art – much of it never seen before – alongside images which have inspired him. These include his inflatable Stonehenge for the Glasgow International Festival, the Miners’ Strike (his Battle of Orgreave film), bats (a subject in at least three of Deller’s works), Andy Warhol (whom he met in 1986), the links between the Industrial Revolution and heavy metal, and hen harriers pecking out the eyes of a Tory MP (featured in his mural against grouse shooting created for the Venice Biennale). Something for everybody.

Jeremy Deller studied Art History at the Courtauld Institute and at Sussex University. He won the Turner Prize in 2004 for his work ‘Memory Bucket’ and represented Britain in the 55th Venice Biennale in 2013. His projects, such as The Battle of Orgreave (2001), We’re Here Because We’re Here (2016) and the documentary Everybody in the Place: An Incomplete History of Britain 1984–1992 (2019), have influenced the conventional map of contemporary art.
Jackdaw

Tade Thompson

A powerful literary novella from award-winning author Tade Thompson, about obsession and the creation of art

In this shocking and at times darkly comic novel, a psychotherapist hired to write a short piece on Francis Bacon becomes obsessed with the artist, his life and the characters who surrounded him.

As he becomes consumed with the need to understand Bacon, and to create his own art, his grip on reality becomes increasingly tenuous, and he is haunted by disturbing figures.

This short, bold piece of fiction explores how the passion needed to create art can also destroy the artist.

Tade Thompson is a Yoruba writer best known for his Arthur C. Clarke Award- and Nommo Award-winning novel Rosewater and the Shirley Jackson Award-nominated novella The Murders of Molly Southbourne. His novels, novellas and short stories have also been finalists for the Locus Awards, the Hugo Award, the Philip K. Dick Award and the British Science Fiction Award, among others. He lives and works in the United Kingdom.
The world of work wasn’t always what it is today. Just a few thousand years ago, all the necessities for life could be collected in fifteen hours a week. How did we go from hunter-gatherer society to white-collar rat race?

Today, many people work in jobs with titles that would have baffled our ancestors: creative director, logistics coordinator or social media curator. Based on his immensely popular Bartleby Economist column, Philip Coggan rewrites the rules of work to help ordinary workers and their managers get through the week.

Incisive, original and endlessly droll, this is the guide for beleaguered underlings and harried higher-ups alike. As Rousseau might have said: ‘Man was born free, but is everywhere stuck in a meeting.’

September
Business / Economics
B format hardback
192pp £14.99
ISBN 978 1 78816 924 0
eISBN 978 1 78283 911 8
World

Philip Coggan is the former writer of the Bartleby and Buttonwood columns for The Economist. He previously worked for the Financial Times for twenty years. His other books include The Money Machine, The Economist Guide to Hedge Funds and More, also published by Profile. More was an Financial Times Book of the Summer 2020.
Branding that Means Business

Tessa Misiaszek and Matt Johnson

How brands can create enduring bonds with customers and markets in the post-digital age of social influence

Brands are all around us, more entwined with our lives than ever before.

Knowing how brands are built and add value has always been an important business skill. But, as the rules of engagement shift and change, it’s become crucial. No longer the exclusive preserve of marketeers and brand managers, we all need to understand the deep interplay between brands, consumers and society in general.

With traditional communication channels imploding and internet platforms and influencers riding high, it’s more important than ever that we focus on one key constant: brands only matter when they mean something to our consumers and customers. And that means understanding not just the dynamics of our markets, but also the fundamentals of human nature and behaviour.

Branding that Means Business offers a new approach that will show you how.

Tessa Misiaszek is a professor of marketing at Hult International Business School and an instructor with the Harvard Division of Continuing Education. She is also co-founder of the Happy at Work podcast.

Matt Johnson is a professor, neuroscientist and speaker. He is the author of Blindsight and founder of the consumer neuroscience company PopNeuro.
The world today rests on increasingly unstable faultlines. Since The World in Conflict’s last edition, we have experienced a global pandemic, crisis in the Gaza Strip and the breakdown of Sino-Japanese relations on an unparalleled scale. As natural disaster threatens Eastern Europe and Brexit fans the flames in Northern Ireland, the world’s danger zones once again draw their battle lines across our fragmented yet hyper-connected globe.

Join veteran Economist journalist John Andrews as he parses the old enmities and looming collisions that underlie conflict in the twenty-first century. Region by region discover the causes, contexts, participants and likely outcomes of every globally significant struggle now underway. From drug cartels to cyber war, this is the indispensable guide for anyone who wants to understand our perilous world.

Over the course of a journalistic career that began in the Middle East, John Andrews became The Economist’s most experienced foreign correspondent, with postings in Europe, Asia and America. Before joining The Economist, he wrote from and about North Africa and the Middle East for the Guardian and NBC News. He is the author of two books on Asia, co-author of a book on Europe, and co-editor of Megachange: The World in 2050.
Oddly Informative
Matters of fact that amaze and delight
Tom Standage

*The latest edition in the Economist Explainer series, edited and introduced by Deputy Editor Tom Standage*

The more we ponder, the odder the world can seem.

Why are coups making a comeback?

What counts as a journey into space?

Which countries cheat the most in athletics?

Is the tale of the difficult second novel fact or fiction?

The keen minds at *The Economist* contemplate all these and more in their quest for the globe’s most extraordinary and up-to-date quandaries and conundrums, brought together in this latest annual compilation of the oddest and the most mind-boggling. Amaze and delight everyone you know with bizarre facts and headscratchers that show the world is even stranger than we might have thought.

Tom Standage is Deputy Editor of *The Economist*. He is the author of several books, including *Truly Peculiar*, *A Brief History of Motion*, *Uncommon Knowledge*, *Writing on the Wall: Social Media – The First 2,000 Years* and *The Victorian Internet*. His writing has appeared in *The New York Times*, the *Daily Telegraph*, the *Guardian* and *Wired*.
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Douglas Wolk

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The Irish Civil War
Diarmaid Ferriter

The history and legacy of the war that shaped the Irish political landscape for decades

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David Runciman

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(and stop being one yourself)
Maxime Rovere

The international bestseller that offers an alternative to chucking your most irksome idiot out a window

With warmth, wit and wisdom, philosopher Maxime Rovere illuminates a new understanding of idiots, one which examines our relations to others and our own ego, offers strategies to dismantle the most desperate of idiotic situations, and even reveals how to stop being the idiot yourself (because, after all, we’re always someone else’s idiot ...).
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Sybil Oldfield

*Discover the stories of the heroic individuals singled out for death by the Nazis’ plan to invade Britain*

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‘Fascinating ... It is as though someone compiled an edition of the *Dictionary of National Biography* for the year 1940 with the qualification for each entry being that the Nazis hated them’ Robert Hutton, *BBC History Magazine*

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Jonathan E. Hillman

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Women and Disgust
Eimear McBride

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‘An invigorating call to refuse the disgust directed at women’ Herald
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A delightful and informative romp ... a fine Christmas present, along with a wedge of Sparkenhoe Red Leicester’ Bee Wilson, Guardian
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